



# RRANN

Recruitment and Retention of Alaska Natives into Nursing

Fall 2002 Newsletter

Major Expansion for School of Nursing

RRANN's Fall Scholarship Recipients

Nightingale Wing

Indian Health Service (IHS) Scholarship Outline

NANAINA-2002 National Alaska Native American Indian Nurses Association

Welcome Potluck 2002

For You... About You!

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## Major Enrollment Expansion Implemented at the School of Nursing



Tina D. DeLapp, EdD, RN  
Director of School of Nursing  
Director of RRANN

**A**t the University of Alaska Board of Regents meeting in September 2002, Health Care Administrators statewide announced their contribution of 1.8 million dollars over a three year period to the nursing program. The University of Alaska is matching the contribution with money and other resources. The goal: To Double the Number of School of Nursing Graduates by 2006.

The nationwide nursing shortage impacts the existing shortage within the state and especially in rural areas. It makes sense to grow our own to have Alaskans educated in our state and to work within our own communities.

Increased enrollment began with the admission of 40 students to the baccalaureate nursing major this fall and 40 more students who have been admitted for Spring 2003; this is an increase of 25% compared to previous years. In addition, 40 more students will be admitted to begin their studies in Summer 2003. Thus, a total of 120 students will enter the baccalaureate nursing program each year, essentially doubling baccalaureate nursing enrollments. In the Associate Degree Nursing program, the increase will take the form of new distant sites for delivery of the program. Every other year admission in Fairbanks will change to every year admissions, while every other year admission will continue in Kodiak and will be started in Juneau, Ketchikan, Sitka, Kenai and Bethel; the new sites will be gradually phased in from 2004 through 2005. School of Nursing administrators anticipate a doubling in graduations from that program by 2006.

The health industry partners that have made contributions to date include Providence Alaska Health Systems, Alaska Regional Hospital, Alaska Native Tribal Health Consortium, Yukon Kuskokwim Health Corporation and Fairbanks Memorial Hospital. The university continues to talk with other potential industry partners to ensure that funding for the expansion remains strong.



# RRANN

## Scholarship & Stipend Programs

Fall 2002

The RRANN Scholarship is awarded to Alaska Native and American Indian students accepted into the Associate or Baccalaureate Nursing Degree Program at UAA. \$3,500 is the maximum amount awarded to students per semester. Funding for the RRANN scholarship will be eliminated following the spring 2003 semester. The deadline for application is December 11, 2002. Applications can be picked up at the RRANN office.

Stipends are available to UAA pre-nursing students who are enrolled in a minimum of nine credits per semester. Stipend recipients are eligible to receive up to \$2000 per academic year. Please contact the RRANN office for an application and additional information.

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### RRANN Scholarship Recipients

**Veronica Bock**



**Monica Heitman-Gilbert**



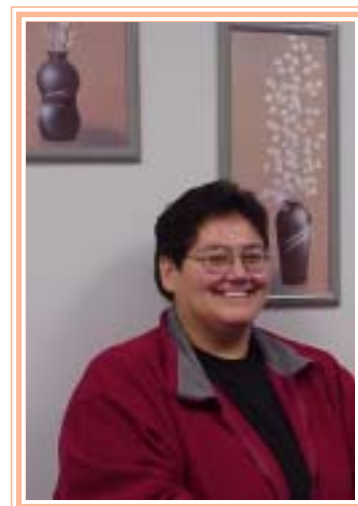
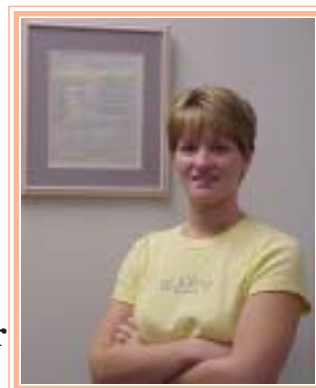
**Amber Burton**



**Florence Burton**



**Amanda Meyer**



**Marlene Smith**

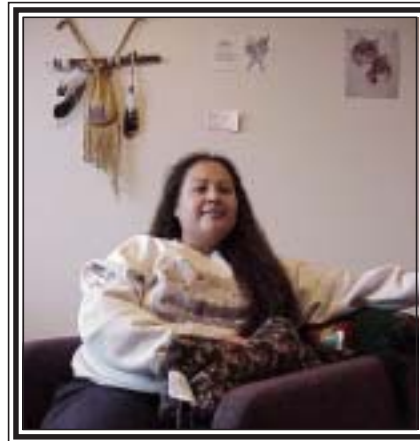
# Nightingale Wing

**RRANN** is pleased to announce the largest number of pre-nursing and nursing students living at Nightingale Wing this year. Word of mouth has spread the news that Nightingale is one of the friendliest residential communities at UAA. Nightingale is located on the fourth floor of West Residence Hall.



This year, we have residents from Anchorage, Napaskiak, Ruby, Tuluksak, Nikiski, Atmaultluak, Nome, Bethel and Akiachak. We also have residents from Illinois, California and New Mexico. Many residents have returned from last year to once again make Nightingale their home away from home. Theresa Cable and Eliza Wesley (Mekoryuk) are third year students who have lived at Nightingale since their freshman year. Eliza and Theresa are not in the nursing program but they are two of our most supportive RRANN fans. In fact, many former residents continue to attend RRANN events as a way to stay in touch with the friends they made at Nightingale.

There are many reasons for the success of Nightingale. One reason is our tireless residential advisor, Shawna Martinez. Shawna is Navaho and originally from New Mexico. Shawna is a pre-nursing student who already holds an undergraduate degree in University Studies. Shawna is beginning her second year as RA for Nightingale. Besides her housing duties and course-work, Shawna is also involved in Native Student Government at UAA. Recently, Shawna organized a shuttle service for Nightingale residents interested in attending the 2002 AFN Conference.



The emphasis on community is another reason for the success of Nightingale. Nightingale residents eat lunch together at West Hall every Friday. The lunch is informal and the residents use this time to visit and make weekend plans with each other. A RRANN staff member is also on hand to offer help and assistance.

The weekly tutoring session at Nightingale offers another opportunity for residents to meet together. This fall, Rey Espera began his second year leading the tutoring sessions on Sunday evenings. Rey will graduate from UAA with a BS Degree in Nursing at the end of the fall semester. Besides being knowledgeable, Rey is very personable and he has made the evenings informative as well as lively. Rey has been instrumental in helping the residents form their own study groups.

Residents describe Nightingale as friendly, relaxed and peaceful. Many residents believe Nightingale is an excellent living environment for students who are serious regarding their academic studies. Residents also know they need to make time for fun as a way to offset the stress caused by challenging course-work and being away from close friends and family.

Prospective UAA students who wish to live at Nightingale Wing must complete a UAA housing application. Please contact a RRANN staff member if you would like more information.



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# INDIAN HEALTH SERVICE SCHOLARSHIP

## *Record Number of RRANN Students Receive Indian Health Service Scholarship*

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or the 2002/2003 academic school year, a record number of Alaska Native/American Indian students attending the University of Alaska Anchorage as Nursing or Pre-Nursing Majors were awarded the Indian Health Service Scholarship. The total number of awards to the Alaska area is a first time record of 32. These awards reflect other institutions besides the University of Alaska Anchorage and other health professions besides nursing. The RRANN student names will not be officially released until next month; so far eight students have shared with us their good news. The students success is due to the efforts of the Education and Development staff at the Alaska Native Tribal Health Consortium, Rea Bavilla and Evangelyn Dotomain. They met with student groups at featured workshops provided by RRANN and Native Student Services on campus and helped individuals by insuring that their applications were accurate and complete.

The Indian Health Service (IHS) Scholarship provides selected scholarship recipients with paid tuition, related fees, a small amount for travel, books and a monthly living stipend. The scholarship currently funds three health career and allied health career scholarship programs; Health Professional Preparatory Section 103 (b)(1), Health Professions Pregraduate Section 103 (b)(2) and Health Professions Section 104.

Alaska Native Tribal Health Consortium (ANTHC) Education and Development will receive the updated 2003 IHS Scholarship applications by December 2002 and the application deadline is Friday, February 28, 2003. All Alaska Native or American Indian students with proof of enrollment to a (possible state) or federally recognized tribe are eligible to apply.

### **Plan NOW to apply for the Indian Health Services Scholarship**

The November Monthly Meeting for RRANN features nursing and pre-nursing students who have been SUCCESSFUL in getting one of the most sought after scholarships in the health industry

**INDIAN HEALTH  
SERVICE SCHOLARSHIP**

*Come and get some tips from students who have first-hand experience!*

**November 21, 2002 ■ 5:30pm - 7:00pm ■ Nightingale Hall ■ 4th Floor Lounge ■ West Hall**

Rea Bavilla, Education & Development Manager, Alaska Native Tribal Health Consortium  
will conduct an

**IHS WORKSHOP for the JANUARY MEETING**



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**January 30, 2003 ■ 5:30pm - 7:00pm ■ Nightingale Hall ■ 4th Floor Lounge ■ West Hall**

# NANAINA Summit VIII

National Alaska Native American Indian Nurses Association  
Oklahoma City, Oklahoma - September 19th - September 22nd

4 students and 1 RN were selected to attend  
NANAINA this year:

Trina Gump, Alexandra Taylor, LaVerne Anagick,  
Mary Sue Anderson and Ashley Hicks (not shown in above picture)



## Trina

I had the wonderful opportunity to attend the NANAINA Summit, held in Oklahoma City this year! My favorite session was Keeping the Sacred in Childbirth. It was very interesting to me because the presentation was about many of the American Indian beliefs during and after pregnancy. Attending the summit eased my mind in a way because I know that there are people out there doing research on Alaska Natives and American Indian issues. I recommend that all students entering the medical profession jump at the opportunity to attend summits such as the NANAINA or even the AAIP (Association of American Indian Physicians) conference.

## Ashley

The NANAINA Summit was a new experience for me and I enjoyed the majority of sessions and events. One particular session that I attended was held by Dr. Martha Baker on Health Disparities: Cardiovascular Diseases (CD) in American Indian/Alaska Native (AI/AN) Women. I realized the only way to help save other women is to increase the awareness and education of CD.



Nurses dedicate their lives to studying and learning more about health issues to help people become more aware. NANAINA showed me the real meaning of being a nurse. . . concern, dedication, hope, love and strength. I recognize Alaska Native and American Indian nurses as leaders, role models and soldiers. . . who save and help our people.

## LaVerne

What motivated me to attend the NANAINA Summit was the issues that are being faced by American Indians and the Alaska Natives, the opportunity to network with the many hospitals and programs that participated and to experienced this summit one last time as a nursing student. An informative session for me was the Lupus Research session. Lupus runs in my family and my mother has been diagnosed with lupus and scleroderma. The session had statistics of Native Americans with lupus, yet did not have Alaskan Natives incorporated into their study. I was able to talk with the guest speaker, Dr. Glen Solomon about his study. He mentioned through his session that they were striving to involve Alaska Natives into their studies. This summit has been informative and yet another indelible experience for my last year as a nursing student.

## Alexandra

This year four students from UAA were fortunate enough to attend the NANAINA Summit, held in Oklahoma City, Oklahoma. NANAINA is an organization geared to helping Alaska Native and American Indian nurses succeed in their careers, in order to help the Alaska Native and American Indian population receive the best health care possible. The summit provided a plethora of helpful information on Oklahoma's medical practices, ways to improve health care and current research on American Indian health. I enjoyed the booths, the poster presentations and all the speakers who took time from their busy schedules to provides us with valuable information.



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# Welcome Potluck 2002

The Welcome Potluck for 2002  
was held at the WOLF Den on October 24th and it was *FANTASTIC!*  
Students brought their families, beautiful smiles and plenty of food,  
which made not only a winning statement, but a positive start-up for the new year.  
Check out the pictures below and mark your calendar for our February Potluck.  
It's always great to get together with other nursing students and just relax!

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FOR YOU...  
ABOUT YOU!

**BIG**



**News!**



**Kendra Schulz**  
Student Success Facilitator

Bob and I are expecting our *FIRST* child  
In January 2003 and we couldn't be more thrilled!  
Although we were tempted to peek during the ultrasound,  
We opted to wait until the baby's arrival to find out the gender,  
But it has been a lot of fun to hear all the guesses. Check out the next  
RRANN newsletter for all the pictures and fun details (laugh).

**INTRODUCING ...**



**Kyle Aaron Larson**

Born to *Cheri Miracle*, pre-nursing major,  
Wednesday, October 23rd, 4:12am, 6lbs/9.8 oz



**New Kid In Town!**



**Cyrenthia Newton**  
Administrative Secretary

Although I've only been a part of RRANN since August, I could tell immediately it was not only a needed program, but a well organized program! From the crew that I work with on a daily basis, to the students I've had the opportunity to meet, all are dedicated to the cause.

I'm somewhat new to university life, but my interactions with people, as well as my 17 plus years of administrative work, more than qualifies me for this challenge. I have a home-based computer graphic business and I continuously organize functions in various settings. However, I'm honored to work for RRANN! Everyone has welcomed me and I'm humbled by the acceptance. I look forward to a lengthy and exciting relationship with you all and thank you so much for this opportunity.



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# Calendar of Events

## 2002 - 2003



Weekly

Lunch in the Lounge

Fridays - 12:00pm - 1:30pm

West Hall, 4th Floor Lounge - Nightingale Wing

Peer Tutor

Sundays - 8:00pm - 10:00pm

Nightingale Wing

Monthly RRANN Meetings

***THE LAST THURSDAY OF EACH MONTH***

5:30pm - 7:00pm

November 21st .....	SCHOLARSHIP OFFERINGS
January 30th .....	IHS SCHOLARSHIP WORKSHOP (representatives from various organizations)
February 27th .....	MENTOR CONNECTION POTLUCK
March 20th .....	RRANN ALUMNI PANEL
April 24th .....	HONORING OUR GRADUATES POTLUCK



**RRANN Program**

School of Nursing  
 University of Alaska Anchorage  
 3211 Providence Drive  
 Anchorage, Alaska 99508-8030

**Address Service Requested**

**Recruitment and Retention of Alaska Natives into Nursing Program**  
 1-877-891-4321 (toll free) - (907) 786-4559 (fax) - ayrrann@uaa.alaska.edu  
**UAA is an EO/AA Employer and Educational Institution**